

Curriculum Vitae
Kathleen King, Ph.D.

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LICENSE

2015- Present	Licensed Clinical Psychologist (PY60438494)
2013- Present	Licensed Mental Health Counselor (LH60362896)
2011- 2013	Licensed Mental Health Counselor Associate (MC60247501)

EDUCATION

09/07-08/13 Doctorate of Philosophy, Clinical Psychology
Seattle Pacific University, Seattle, WA
APA Accredited Program
Graduation: August 2013

Dissertation Title: *Differences in parent meta-emotion coaching for typically developing children versus children diagnosed with autism spectrum disorder*
Chair: Beverly J. Wilson, Ph.D., Developmental Psychologist

09/07-06/09 Master of Arts, Clinical Psychology
Department of Clinical Psychology
Seattle Pacific University, Seattle, WA

09/05-06/07 Master of Arts Student (ABT), Developmental Psychology
Department of Psychology
San Diego State University, San Diego, CA

09/02-08/04 Bachelor of Arts in Psychology
University of Washington, Seattle, WA

CLINICAL EXPERIENCE

05/15- present **Licensed Clinical Psychologist**
Integrative Psychological Services of Seattle
Supervisor: Samantha Slaughter, PsyD, Licensed Psychologist; CEO

Provide psychotherapy to adolescents, adults, and couples. Integrate animal assisted therapy, dialectical behavior therapy, eye movement desensitization and reprocessing (EMDR) into therapy interventions as needed. I also provide psychological assessment services.

01/13- 08/15 **Private Practice**
Seattle, WA

Provide psychotherapy to adolescents, adults, and couples. Integrate animal assisted therapy, dialectical behavior therapy, eye movement desensitization and reprocessing (EMDR) into therapy interventions as needed. I also provide psychological assessment services.

01/13- present **Post-Doctoral Fellow**

Fremont Community Therapy Project

Supervisors: Laura Brown, PhD, ABPP, Licensed Psychologist
Samantha Slaughter, PsyD, Licensed Psychologist

Clinical psychology post-internship fellow at low-fee psychotherapy clinic. Conduct long-term individual and couples therapy for adults, utilizing a humanistic, cognitive behavioral, and ecological systems perspective. Facilitate eye movement desensitization and reprocessing (EMDR) therapy for individuals with trauma and severe anxiety disorders. Conduct comprehensive assessments and write full battery psychological reports. Provide clinical and psychological assessment supervision and mentorship to practicum students and interns at FCTP.

10/11 – 01/13 **Clinical Psychology Intern**

Fremont Community Therapy Project

Supervisors: Laura Brown, PhD, ABPP, Licensed Psychologist
Samantha Slaughter, PsyD, Licensed Psychologist
Norm Mar, PhD, Licensed Psychologist
Christopher Stevens, PhD, Licensed Psychologist

Clinical psychology intern at low-fee psychotherapy clinic. Conduct long-term individual and couples therapy for adults, utilizing a cognitive behavioral, interpersonal, and ecological systems perspective. Facilitate eye movement desensitization and reprocessing (EMDR) therapy for individuals with trauma and severe anxiety disorders. Conduct comprehensive assessments and write full battery psychological reports. Facilitate weekly dialectical behavior therapy (DBT) groups. Participate in weekly supervision, consultation, and didactic trainings.

06/10-07/11 **Clinical Psychology Pre-Internship Student**

HealthPoint Community Health Center

Supervisors: Sierra Swing Psy.D., Licensed Psychologist
Jeff Reiter, Ph.D., Licensed Psychologist
Jim Berghuis, Ph.D., Licensed Psychologist
Jeff Harvey, Psy.D., Licensed Psychologist

Behavioral health consultant for children, adolescents, adults, couples, and families. Conduct diagnostic assessments across the lifespan for a variety of disorders, which include but are not limited to the following: depressive disorders, post-traumatic stress disorder, adjustment disorder, schizophrenia, addiction disorders, and personality disorders (e.g. borderline). Collaborate with physicians, nursing staff, naturopaths, nutritionist, social workers, and referral coordinators to determine and create an appropriate behavioral and/or psychopharmacological treatment plan for clients. Provide psychoeducation and conduct brief behavioral and cognitive therapy with clients and their family members when appropriate. Consult with parents regarding behavioral management strategies for their children. Facilitate group therapy

focusing on women's health and wellness including stress management, healthy relationships, and general coping skills. Create and co-facilitate parent training groups, which are open to parents raising children with behavioral problems, neurodevelopmental disorders, learning disabilities, and children at risk for out-of-school placement. Create and facilitate two monthly workshops pertaining to healthy sleep and anxiety treatment. Participate in weekly individual and bi-weekly group supervision and case consultation.

06/09-06/10

**Clinical Psychology Practicum Student
Sound Mental Health, Seattle, WA**

Supervisor: Allen Hume, Ph.D., Licensed Psychologist

Post-Doctoral Supervisor: Holly Petaja, Ph.D., Licensed Psychologist

Practicum student for multiple community mental health clinics in the greater Puget Sound area serving children, adolescents, and adults. Work with interdisciplinary fields to determine appropriate treatment plans for a diverse population of clientele. Create and facilitate group therapy program regarding healthy relationships. Co-facilitate group therapy programs regarding self-esteem and sober living. Conduct long-term individual therapy. Conduct comprehensive assessments and write full battery psychological reports. Completed full battery psychological reports.

11/08-04/10

Social Skills Group Facilitator

National Organization on Fetal Alcohol Syndrome (NOFAS) of Washington Everett, WA.

Supervisor: Allison D. Brooks, Ph.D., Licensed Psychologist

Co-facilitate social skills group for adolescents diagnosed with fetal alcohol syndrome (FAS) or alcohol-related neurobehavioral disorder (ARND). Group provides teens (cohort is now 17-21 years old) with a safe and supportive environment to join peers for social interaction, discussion, instruction and practice in social skills. Current goals include teamwork, relationship-building, and interpersonal communication through games, role-play, and in-the-moment processing. Didactic topics have included: emotion identification, behavior regulation, social problem-solving, sportsmanship, conversational skills, negotiation, drug and alcohol prevention education, and sexual education.

09/06-07/07

Achievement Assessment Intern

**Mesa Community College, Disability Support Programs and Services
San Diego, CA**

Supervisors: Jill Jansen, M.A., Learning Disabilities Specialist and Counselor

Masters level intern for the department of disability support programs and services at a community college. Co-facilitate initial intake session for students identified as having a potential learning disability, developmental delay, medical disability, and/or other conditions that may affect the students ability to learn. Implement initial verbal, reading comprehension, and mathematics tests to students. Implement achievement assessment and reading test to students following their orientation to the department. Collaborate with learning disabilities specialist to determine whether educational accommodations are necessary and available for students.

01/05-07/05

Applied Behavior Analysis Therapist/ Shadow Aide

Perkins Preschool, Seattle, WA
Program Coordinating Agency: Autism Spectrum Treatment and Research Center
Employer: Renee O'Brien, Parent

Provide social, educational, and behavioral support and guidance for a child diagnosed with autism spectrum disorder (ASD) at a private preschool for 20-30 hours a week. Work with the child to develop appropriate social skills and increase school productivity. Implement applied behavioral analysis therapy and relationship development intervention programs during private sessions one to two times a day at the preschool and at home. Collect weekly data on child's progress and assist with developing program goals under the supervision of an ASTAR program coordinator.

01/05-07/05

Applied Behavior Analysis Therapist

Private Home, Issaquah, WA
Program Coordinating Agency: Northwest Behavioral Associates (NBA)
Employer: Catie Trowbridge, Parent
Supervisors: Stacey Shook, Ph.D., BCBA-D, Director
Graydon Agar, M.A., BCBA, Program Manager

Conduct applied behavioral analysis therapy and relationship development interventions on a preschool-aged child diagnosed with autism spectrum disorder in his home. Collaborate with program manager, NBA director, parents, and other ABA therapists to develop an appropriate behavioral plan for the child. Assess child's readiness to advance to higher skill programs during weekly home sessions. Record results and write progress notes for each week. Attend bi-weekly meetings for ongoing training, supervision, and case consultation.

01/04-07/05

Applied Behavior Analysis Therapist

Private Home, Bellevue, WA
Employer: Lisa Sanner, Parent
Program Coordinator: Kathleen Zanolli, Ph.D., BCBA, Licensed Psychologist

Conduct applied behavioral analysis therapy on a preschool-aged child diagnosed with autism spectrum disorder in a home and clinic setting. Collaborate with program coordinator, parents, and other ABA therapists to develop an appropriate behavioral plan for the child. Assist the child with developing social skills by incorporating siblings and parents into the therapy sessions. Assess child's readiness to advance to higher skill programs during weekly home sessions. Record results and write progress notes for each week. Attend bi-weekly meetings for ongoing training, supervision, and case consultation.

01/04-07/05

Child and Family Psychologist Assistant

For A Child, LLC, Seattle, WA
Supervisor: Janine Jones, Ph.D. NCSP, Licensed School Psychologist

Conduct initial intake interview for new clients at a private practice, specializing in diverse populations of children and families. Respond to public inquiries regarding clinical and assessment services, which include child, adolescent, and family therapy, and psychological assessments. Conduct financial consultations with families regarding payment options. Manage client and insurance billing and patient records. Score manual and computer-based

psychological tests. Attend bi-weekly meetings with supervisor to discuss psychological testing, therapy techniques, private practice management, and career development.

06/03-09/04

Crisis Line Phone Worker

King County Crisis Line, Seattle, WA

Supervisor: Jeff Rings, M.A., Crisis Supervisor/Inpatient Authorizer

Identify, clarify, and assess issues and feelings using a crisis intervention model to counsel a diverse population of clients of varying ethnicities, cultures, sexual orientation, mental illness, and ages. Research community resources based on client needs and eligibility and refer available resources to clients. Assist clients with developing a plan of action, which may include practicing relaxation techniques and attending future appointments at their mental health clinic. Assess client's risk of suicide and work with supervisor to determine the appropriate steps to keep the client safe. Act as after-hours phone contact for Sound Mental Health, review client's treatment plan, and record phone communication in client file.

TEACHING EXPERIENCE

04/14-08/14

Adjunct Clinical Supervisor

Clinical Counseling Shift

Bastyr Center for Natural Health,

Bastyr University, Seattle, WA

Supervisor: Charles Smith, Ph.D., Department of Counseling & Health Psychology Chair

Observe doctoral level naturopath and masters level counseling students on a closed circuit television during live one-on-one individual and couples counseling sessions. Provide supervision, resources, and referral information to student clinicians. Model counseling techniques during live sessions. Review and sign off on final client session notes.

01/10-03/10

Guest Lecturer

Introduction to Statistics (MAT 1360)

Department of Undergraduate Mathematics

Seattle Pacific University, Seattle, WA

Instructor: Amanda Herges, M.A., Graduate Instructor

Substitute instructor for introduction to statistics course over two lecture periods. Lecture topics included descriptive statistics, elementary probability, binomial and normal distributions, regression, and correlation. Students ranged from freshman to seniors.

03/09-06/09

Graduate Teacher Assistant

Child Developmental Psychology (PSYC 3460)

Department of Undergraduate Psychology

Seattle Pacific University, Seattle, WA

Instructor: Beverly J. Wilson, Ph.D., Developmental Psychologist

Assist instructor with group work during weekly classes. Develop presentations from established curriculum topics. Give bi-weekly lectures to the class. Lecture topics include autism spectrum disorder, child and adolescent depression, early life rites of passage, effects of

childcare on child development, and applied behavioral analysis therapy. Grade papers and research reviews. Assist in creating midterm and final examination. Students ranged from freshman to seniors and consisted of undeclared, nursing, biology, or psychology majors.

03/08-04/08

Guest Lecturer

Lifespan Development Course (PSYC 2100)

Department of Undergraduate Psychology

Seattle Pacific University, Seattle, WA

Instructor: Ursula C. Krentz, Ph.D., Developmental Psychologist

Substitute instructor for Lifespan Development course over three lecture periods. Lecture topics included infant development, attachment, nature vs. nurture debate, and research methods. Students ranged from freshman to seniors and consisted of undeclared, nursing, biology, or psychology majors.

01/08

Guest Presenter

Trinity Lutheran Preschool Teacher In-Service Training, Lynnwood, WA

Supervisor: Beverly Wilson, Ph.D., Developmental Psychologist

Presentation Title: *How to help children change their behavior: Applied Behavioral Analysis*
Consult with preschool teachers about specific child cases.

12/06-06/07

Gear Up Instructor

South Bay YMCA, Chula Vista, CA

Supervisor: Erin Pitts, Gear Up Project Coordinator

Instruct Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP) after-school program at a cultural and economically diverse middle school. Tutor individual and groups of students in various subjects. Mentor students in college preparation and life choices. Co-create and lead Girls Club meetings. Meeting topics include future goals, daily life, college preparation, and family life. Assist in sports and enrichment activities at Chula Vista Middle School.

05/06-12/06

Gear Up Instructor/ Academic Tutor

South Bay YMCA, Chula Vista, CA

Supervisor: Erin Pitts, Gear Up Project Coordinator

Co-chair San Diego Americorps National Service Day Committee. Assist in development of new Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP) curriculum. Curriculum topics include leadership skills, successful learning/study methods, college/career preparation, life skills, such as managing finances. Assist in teaching and creating final project for Summer and Winter Institute Forensic Science class for advanced junior high students. Instruct GEAR UP after-school program at Chula Vista Middle School, which is within the lowest seven schools for language arts, English, and math standardized testing scores in the Sweetwater District. Tutor children, teens, and adults in various subjects and help prepare individuals for standardized tests. Volunteer time to additional Americorps and YMCA functions regarding pre-teens and teens. Assist in community fundraising. Attend

regular meetings for supervision and training on youth development, diversity, and dealing with violence.

03/03-12/03 **Undergraduate Peer Instructor**
University of Washington, Seattle, WA
Supervisor: Terry Hill, Counseling Service Coordinator

Instruct undergraduate community learning course for new psychology transfer students. Course topics include campus resources, obtaining research and clinical experience in the field, applying for graduate school, and preparing for work with a BA in psychology. Attend regular meetings for supervision and training.

RESEARCH EXPERIENCE

06/10-06/13 **Co-Principal Investigator**
Young Children's Self-Regulation Project
Seattle Pacific University, Seattle, WA.
Supervisor: Beverly J. Wilson, Ph.D., Developmental Psychologist

Co-principal investigator for a study of young children's self regulation, attention, problem-solving, and emotion regulation abilities. This project includes dissertation data collection. Administer and code research-based assessments of emotion regulation (e.g., delay of gratification), attention (Attentional Network Test), cognitive and verbal abilities (Differential Abilities Scale-II), affective decision-making (children's gambling task), measures of inhibitory control (Stroop), as well as standardized parent and teacher assessments. Conduct parent interview regarding parent philosophy and parenting practices. Responsible for assisting with the institutional review board application and future addendums, overseeing data collection and management, recruiting research participants, training research assistants (graduate and undergraduate), and overall quality control.

09/08-06/10 **Lead Graduate Research Assistant**
Friends and Family Lab
Seattle Pacific University, Seattle, WA.
Supervisor: Beverly J. Wilson, Ph.D., Developmental Psychologist

Coordinate research activities and data collection for developmental research laboratory. Supervise undergraduate and graduate students regarding behavioral coding projects (e.g., tasks of attention, behavior regulation, emotion identification), collection of physiological data, data analyses, data entry, and data management procedures. Train research staff on various assessments to research standards. Recruit and schedule families, assist with writing institutional review board documents, train and supervise research assistants in laboratory and research protocols to ensure quality control of assessments and data collection. Supervise research administrative duties including tracking participant questionnaires and payments.

09/07-09/09 **Interventionist and Interviewer**
Early Educational Enrichment Project
Seattle Pacific University, Seattle, WA.
Supervisor: Beverly J. Wilson, Ph.D., Developmental Psychologist

Interventionist for a study of school-readiness for at-risk preschool and kindergarten children for grant-funded research project. Conduct short-term language enrichment activities and attention training intervention based on the executive attention research of Michael Posner of the University of Oregon. Document child's progress according to research protocol. Administer parent interviews for social and emotional development including measures of parent emotion coaching philosophies, parent-child attachment, child behaviors, parenting practices, and demographic information.

10/07-06/08

Research Team Member
Adolescent Depression Laboratory
Seattle Pacific University, Seattle, WA

Supervisor: Amy Mezulis, Ph.D., Licensed Clinical Psychologist

Assessor for a longitudinal study of depression in high school students. Implement weekly questionnaires at the student's school. Questionnaires focused on rumination, negative events, negative attributions, and perseverance. Enter data and analyze various measures within the larger study. Attend weekly meetings for supervision, training, and project planning.

07/07-08/08

Research Assistant
TeachTown, Inc.

Supervisor: Chris Whalen, Ph.D., Clinical Psychologist, Chief Science Officer

Research assistant for a study on the efficacy and efficiency of an applied behavioral analysis based computer program geared towards preschool and school-aged children diagnosed with autism spectrum disorder. Assist with institutional review board application. Correspond with parents of beta-testers to identify problems with software and record suggestions. Research and compose on-line articles pertaining to autism, autism treatments, and the autism community. Attend weekly project management and software research meetings for training, supervision, and to discuss future research.

09/05-09/06

Graduate Research Assistant
Cognitive Categorization Lab
San Diego State University, San Diego, CA

Supervisor: Leola Alfonso-Reese, Ph.D., Cognitive Psychologist

Research assistant for two studies regarding the effect of membership status and group identification on an individual's self-esteem. The initial study investigated the interaction between membership status (i.e., majority member versus minority member) and one's level of cultural identification on an individual's self-esteem. The second study investigated whether one's self-esteem could be altered based on their membership status and perceived identification with an abstract group. Conduct literature reviews regarding multiculturalism. Responsible for completing the institutional review board application for the second study, overseeing data collection and management, recruiting research participants, and overall quality control. Design new project computer survey and assist in programming computer survey. Attend weekly meeting for supervision and training. Attend monthly colloquium series focused on current research regarding multiculturalism.

09/05-12/05 **Graduate Research Assistant**
Developmental Lab of Linguistics and Cognition
San Diego State University, San Diego, CA
Supervisor: Judy Reilly, Ph.D., Developmental Psychologist

Research assistant for a study investigating relations between two primary communicative systems: language and emotion and their neural substrates. Administer emotional, verbal, lexical development, and emotion recognition assessments in a school-based setting. Participants were ethnically diverse children between the ages of three and seven years of age. Attend regular meetings for supervision, training, and professional development.

03/04-09/04 **Undergraduate Research Assistant**
The Gottman Institute
University of Washington, Seattle, WA
Supervisor: John Gottman, Ph.D., Licensed Clinical Psychologist

Research assistant for a study investigating changes in couple dynamics when a new baby is introduced to the family. Assist with fieldwork interviews. Accompany lead graduate interviewer to family home visits, provide technical support, and administer a child development assessment and inhibitory control test to the participants' child. Act as a computer technician for in-laboratory interviews with family. Visually record children and their parents, while monitoring and recording the child's cardiovascular response and electroencephalography (EEG) readings, while the child completes various learning and attention tasks. Code real time interactions between new parents and their babies. Attend bi-weekly meetings for supervision and training.

12/02- 08/03 **Undergraduate Research Assistant**
Family and Friends Laboratory
University of Washington, Seattle, WA.
Researcher: Lynn Fainsilber Katz, Ph.D., Licensed Clinical Psychologist

Research assistant for a longitudinal study investigating the emotion regulation model of continuity in childhood antisocial behavior from preschool to middle childhood. Audibly observe children's social interactions with a peer at three different ages. Code initiating and verbal, play-based, and behavioral responses of the participating child when interacting with a peer. Finalize complex coding procedures. Assist in the reconstruction of the final coding manual. Attend weekly meetings for supervision and training.

PUBLICATIONS AND PRESENTATIONS

Wilson, B. J., Berg, J., Zurawski, M., & **King, K. A.** (in press). Autism and Externalizing Behaviors: Buffering Effects of Parental Emotion Coaching. *Research in Autism Spectrum Disorders*.

Wilson, B. J., Petaja, H., Yun, J., **King, K. A.**, Berg, J., Kremmel, L., & Cook, D. (2014). Parental Emotion Coaching: Associations with Self-Regulation in Aggressive/Rejected and Low Aggressive/Popular Children. *Child & Family Behavior Therapy*, 36, 1-26.
doi:10.1080/07317107.2014.910731

- Parker White, C., & **King, K. A.** (2011). Is maternal fatigue mediating the relationship between maternal depression and child outcomes? *Journal of Child and Family Studies*, 20 (6), 844-853.
- King, K. A.**, Manangan, C., Wilson, B. J., & Panotes, A. (2011, April). *Does maternal emotion coaching moderate the relation between child temperament and specific entry behaviors?* Poster presentation accepted for presentation at the biennial Society for Research in Child Development, Montreal, Canada.
- King, K. A.**, Wilson, B. J., Lee, J., Risher, E., & St. Marie, J. (2010, April). *Does maternal emotion coaching decrease the likelihood of maternal negative parenting?* Paper presented at the biennial Conference on Human Development, New York, NY.
- King, K. A.**, Wilson, B. J., Langer, R., & Nelson, M. (2009, August). *Thought problems and social problems mediated by verbal IQ.* Paper presented at the Annual American Psychological Association Conference, Toronto, Canada. Voted as top five Student Papers in Developmental Psychology 2009 by Division 7 (Developmental Psychology) of the American Psychological Association.
- Funasaki, K., **King, K. A.**, & Cox, S. (2009, May). *Rumination domain specificity and its association with depression symptoms among adolescents: A prospective Study.* Poster presented at the annual SPU School of Psychology, Family, and Community Research Conference, Seattle, WA.
- Montague, R. A., Wilson, B. J., & **King, K. A.** (2009, April). *Parent experiences and social outcomes for boys with developmental delays.* Paper session presentation as part of the symposium "Family contributions to social functioning in children with developmental delays" at the biennial meeting of the Society for Research in Child Development, Denver, CO.
- Mancil, L. E., Wilson, B. J., Stevens, A. D., **King, K. A.**, & Starks, M. (2008, August) *Parental rejection, intrusiveness, and coerciveness effects on children's defiant behavior.* Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- King, K. A.** (2006, April) *Artistic style and chatroom discussion.* Paper presented at the Annual Graduate Student Board "Bridging Disciplines" Interdisciplinary Conference. San Diego, CA

AWARDS AND HONORS

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| 2009 | Nominee and First Author, Young Researchers in Developmental Psychology Award, presented by Division 7 (Developmental Psychology) at the 117 th Annual meeting of the American Psychological Association; August, 2009. |
| 2002 | Psi Chi, National Honor Society in Psychology, University of Washington, Seattle, WA |

PROFESSIONAL TRAINING

- 04/13 & 05/13 Emotionally Focused Couples Therapy Externship- Samaritan Center of Puget Sound, Seattle, WA
- 09/11 & 04/12 Eye Movement Desensitization and Reprocessing -Humanitarian Assistance Programs (HAP) – Level 1 & 2
Fremont Community Therapy Project, Seattle, WA.
- 02/12 Stabilization Skills for Complex Developmental Trauma Disorders – Kathy Steele, M.N., C.S.
Fremont Community Therapy Project & ISSTD, Seattle, WA
- 11/11-02/12 Functional Analytic Psychotherapy Training- Mavis Tsai, Ph.D.
University of Washington, Seattle, WA
- 11/10 Fetal Alcohol Syndrome Diagnostic and Prevention Network Community Professional Training.
University of Washington Center on Human Development and Disability (8 hours).
- 07/06 San Diego B.E.S.T. Advance Youth Development Youth Worker Training Program.
South Metro Career Center, San Diego, CA.
- 09/05-09/06 Minority Research Infrastructure Support Program (M-RISP) Colloquium Series
San Diego State University, San Diego, CA.

PROFESSIONAL MEMBERSHIPS

- 12/02- present American Psychological Association
- 01/13 - present Washington State Psychological Association
- 02/13- present International Committee for Women (ICFW)
- 12/11- 12/13 International Society for Traumatic Stress Studies
- 12/12-12/13 Society for the Psychology of Women (Division 35 of APA)
* Section for Lesbian, Bisexual, and Transgender Concerns, Section 4
* Section on Psychology of Asian Pacific American Women, Section 5
- 09/10-09/12 Society for Research in Child Development
- 11/05-11/07 Western Psychological Association